

SCHOOLS



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SEARCH



Students



Families



Staff



Community

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Mental Health & Counseling

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Mental Health & Counseling Department



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right
now?

Support is
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Our Mission

In close collaboration with the Aurora community, the mission of the Mental Health and Counseling Department is to promote an environment where students feel a sense of belonging, create strong connections, and have the skills required to regulate their emotions so they can effectively access education and engage with the wider community.

What We Do



Mental Health providers in Aurora Public Schools consist of school counselors, school social workers, and school psychologists. School counselors, school social workers, and school psychologists all play vital roles in enhancing students' mental health and academic success. They each advocate for student well-being, promote equity, and support the development of skills necessary for postsecondary readiness. These professionals collaborate with educators, parents, and the community to provide interventions and resources tailored to students' needs. They also engage in data-informed practices to identify challenges and improve outcomes for all students.



Every school has mental health professionals who provide services on an individual, group, and whole-building level.

Our school counselors, social workers, and psychologists support every student through three high-leverage protective factors that protect against life-long consequences. [Learn more about our protective factors here!](#)



Connect

At least one adult in
they trust



Belongin

A sense of belongin
school commu



Regulatio

The skills and strate,
regulate

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